

MISSISSIPPI ACTION FOR PROGRESS, INC.

DURANT HEAD START CENTER



April 10, 2020

What's Happening

1865 East Magnolia Street
Durant, MS 39063
Phone: (662) 639-2417

Durant Head Start's staff is finding innovative and supportive ways to continue the services that we provide to our children and families. We miss seeing and talking to all of them. We hope they all are keeping safe and staying healthy and Remembering to...



DO THE FIVE

Help stop coronavirus

- 1 **HANDS** Wash them often
- 2 **ELBOW** Cough into it
- 3 **FACE** Don't touch it
- 4 **SPACE** Keep safe distance 6 feet
- 5 **HOME** Stay if you can

We know that we are in a time of uncertainty and sometimes it can be overwhelming. To the right are some techniques that staff are discussing with families that may help them cope with all that they are experiencing at this time. Families can find additional information at Region XI MAP Inc...Head Start/Early HS (Facebook), mapheadstart.org, & msdh.ms.gov



Exercise



Talk to an adult



Listen to music



Read a book



Practice art, draw, or doodle



Keep a journal



Get enough sleep

The Teachers & Center Administrator are providing resources and home activities for families to use throughout the day. These activities include: developmentally appropriate practice activities, songs, science, music & movement, finger play, and stories.

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School Readiness



Durant Head Start's approach to School Readiness means that children are ready for school and families are ready to support their child's learning. Staff is reaching out to families to ensure that children are still provided with the opportunity to participate in activities that support math, science, art, drama, language and culture by providing home activities for families. Bria W. is pictured with her daughter Nia B. working on home activity sheets provided by her teacher.

Male Initiative



Durant Head Start is seeking out increased engagement with fathers during this time as they are home more than before. Staff is reaching out to fathers to engage with them and find out activities they are doing with their children during this time. Larry B. is pictured with his children Landon B. and Alayna B. as they are using computer time to promote learning.

Family Engagement



Durant Head Start aims to support the entire family and assist parents in their personal & family development. The FPA helps families develop the foundations they need to reach their goals. Staff is reiterating that we are available to assist & support them in achieving their goals during this time. Families are encouraged to focus on their strengths & priorities and to reach out to community partners if assistance is needed. Laqueisha J. is pictured reading with her daughter Talia M. as she continues to work full time and work on her goal of time management.

Nutrition Services



Durant Head Start's goal is to empower and educate parents to make healthy choices for themselves and their children. Staff is reminding families that providing healthy foods and teaching children healthy eating habits prepares them to make positive choices that lead to healthier lifestyles. Durant Head Start in partnership with Holmes County Consolidated School District is ensuring that families are being provided with a nutritious breakfast and lunch. LaShanda E. is pictured with her daughters Alaina E. and Amelia E. during meal time to promote family style dining.

Health Services



Durant Head Start is committed to ensuring that families are staying healthy and can access the care that they need during these unforeseen times. Staff is reminding families about the importance of handwashing, daily oral hygiene, and healthy sleep routines for their families. Families are encouraged to contact primary care providers to stay up to date with their upcoming appointments and for any health care needs of the family. Shameeka W. and her son Chase W. are pictured showing they are staying healthy with promoting proper handwashing.

Physical Development



Durant Head Start is dedicated to promoting physical activity, outdoor play, and healthy lifestyles for young children and their families. Staff is reaching out to families to ensure they are creating healthy learning environments at home through structured and unstructured physical activity. LaQuisha S. and her son Amarey A. are pictured outside enjoying bike riding to promote physical activity.

The Family Community Case Worker is using technology to stay connected with families. The FCW is able to make continued contact via text messages and phone calls with families. Staff is reminding families that the center is still registering children for the 2020-2021 program term.