

## Dr. Dorothy S. Foster Administrator of the Year—State & Regional Awards

Congratulations!

MAP's **Fiscal/Administrative Support Services Director, Dr. Dorothy S. Foster** has had quite a year with regard to recognition of the excellent work she does.

At the **Mississippi Head Start Association's 2005 Fall Conference**, Dr. Foster was the recipient of the **Administrator of the Year** award. Also at the **Region IV Head Start Association's 2006 Awards and Scholarship Presentations**, Dr. Foster was presented with another award. This award was also for **Administrator of the Year**.

The Administrator of the Year award is given to an administrator who has contributed exemplary service to Head Start. A state panel reviewed applications sent from various Head Start programs throughout the state. The winner was then determined by a panel who reviewed all local applications. After that, the state winner's application is forwarded to the regional association for consideration on the regional level. Mississippi is a member of Region IV which includes seven other states. Next, the winner at the regional level's application will be sent to the National Head Start Association for consideration on a national level.

At the Region IV Awards held in Atlanta, GA, Dr. Foster was heralded in this manner:



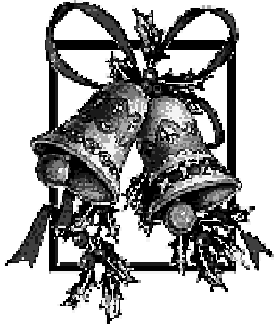
“Dr. Dorothy Foster is described as a professional with unparalleled skills in administration and management of the Head Start Program. She has held many positions during her 34 year tenure with MAP, Inc. They include Staff Accountant, Senior Accountant, Finance Manager and Director of Finance. In addition, she is a certified PRISM reviewer for Program Design and Management, Fiscal and Early Childhood Development.”

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## Regional Spotlight Region I Christmas Parade - Richton Center



Students at the **Richton Head Start Center** had the opportunity to participate in the town of Richton's **Christmas Parade**. It was quite an experience for the children, who seemed to have a very good time participating.

The parents of the children

at the center did an excellent job of decorating the float for this occasion.

The theme for the float was "*Christmas Future/Christmas Past.*"



## Regional Spotlight Region II Volunteer Training—Lindsey Center

**Mrs. Retha Dow**, Center Administrator at **Lindsey Center**, conducted a *Volunteer Training* during her monthly meeting.

Mrs. Dow began her meeting by discussing the purpose of volunteers. Head Start's Performance Standards require this volunteer training.

Mrs. Dow talked to the parents about the do's and don'ts of volunteering and

urged the parents to come into the centers to volunteer with their children. This can be done in the way of reading to the children or engaging in activities with the children in the classroom.

Mrs. Dow shared with the parents how good it makes the children feel to see them in the center and how invaluable that time spent with their children is.

There was also discussion

of the importance of In-Kind donations to Head Start. The parents were asked to help in this effort by bringing in donations.



## Male Involvement—Lindsey Center

**Mr. Leroy Kelly**, of **Haynes and Associates** held a Male Involvement meeting at the Lindsey Head Start Center. **Mr. Kelly** discussed the topic "*Why Dads Count.*" He began by asking the dads in the audience about when did they think they first became dads. Most said they became dads when their child was born. **Mr. Kelly** helped them to see that they

became dads the moment they found out that the mother was pregnant. This is the point at which they should become active participants in the lives of their child.

**Mr. Kelly** stated that the fathers should spend time with their children and get involved in activities with them to let them know how important they are. He also talked about discipline and

how physical discipline doesn't always work. At times it's better to take away things that the child loves in order to administer discipline.





## Regional Spotlight Region III New Center Breaks Ground—Meridian

The children and families of Meridian got an early Christmas present, when it was announced by Mississippi Action For Progress, Inc. that a new Early Head Start and Head Start Center will be built on the Meridian East Side. **Dr. Bobby E. Brown, Executive Director and Dr. Dorothy S. Foster, Fiscal/Administrative Support Services Director** made the announcement before a crowd of staff and community persons.. Also on hand for the announcement was the **Mayor of Meridian, Mr. John Robert Smith and Board Chairmen, Rep. Charles L. Young.**

In a surprise announcement, Dr. Brown told the audience that the center will be named in honor of Mr. Young.

The official name of the center will be the **Charles L. Young Early Childhood Human Development Center.** Dr. Brown in making the announcement said, "Mr. Young is inextricably tied to health, education,

economic and staff development." Dr. Foster and Mayor Smith praised Mr. Young as being a tireless fighter for the rights and what is best for the children in the state and especially in the Meridian Community. Later, Mr. Young, who is a lifelong resident of Meridian and charter board member of MAP, spoke and gave thanks to all those involved in making this goal of a new center become a reality.

According to **Ms. Geneva Burton, Region III Ad-**

**ministrato**r, the center will serve more than four hundred children.





# Regional Spotlight Region V Self-Assessment Planning Meeting

Region V (Prentiss, Alcorn, Itawamba, Tishomingo, Union and Tippah counties) in north Mississippi held their **annual self-assessment planning meeting** February 1, 2006. The meeting was held at the Union County Head Start Center in New Albany where **Mrs. Mary Bradley** is the **Center Administrator**. The **Region V Administrator, Mrs. Gwen Gentry**, all center administrators, specialists as well as other center staff were in attendance.

Mrs. Gentry spoke to her audience about the purpose of and what was supposed to be determined by self-assessment.

Each center administrator from Region V spoke to the audience about key questions and elaborated a bit about the exact purpose of each question.

The **Head Start Performance Standards** state that each program is to conduct a Self-Assessment at least once each program year. The assessment helps Head Start programs stay on the road to continuous quality improvement.

This assessment is conducted with the consultation and participation of the policy groups and, as appropriate, other community members. The assessment helps the programs

in meeting their goals and objectives and in implementing Federal regulations.

The objectives of Head Start and Early Head Start are clear:

- Enhance children's growth and development
- Strengthen families as the primary nurturers of their children
- Provide children with educational, health and nutritional services
- Link children and families to needed community services
- Ensure well-managed programs that involve parents in decision-making

MAP uses the Program Review Instrument for Systems Monitoring (PRISM) report in conducting it's self-assessment.



Gwen Gentry and Deborah Cooper address audience.



Gwen Gentry, Region V Administrator



Yvette Morton and Deborah Cooper go over PRISM questions with group

*...conduct a self assessment of their effectiveness and progress in meeting program goals and objectives and in implement Federal regulations... at least once each program year (1304.41(l)(1) Head Start Performance Standards*

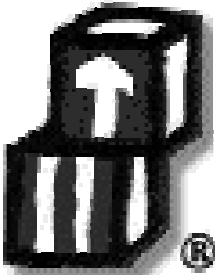






# Administration of Children, Youth and Families

## Head Start—Fiscal Year 2006



On December 30, 2005, **President Bush** signed the **Departments of Labor, Health and Human Services and Education, and Related Agencies Appropriates Act, 2006**.

This act, which includes fiscal year 2006 funding for Head Start at the same level as appropriated for fiscal year 2005. On the same day, the President signed the **Defense Appropriations Act**, which has two provisions affecting Head Start's Fiscal year 2006 funding level.

The first provision in the Defense Appropriations Act affecting Head Start is an **across-the-board reduction of one percent in the Fiscal Year 2006 funding level of virtually all discretionary programs**. This reduction will result in all Head Start grantees having their

**Fiscal Year 2006 funding allocation reduced by one percent. Grantees that have already been fully funded in FY 2006 will be issued a new grant award reflecting its reduced amount.**

The second provision in this Act provides Head Start with \$90 million for one-time hurricane relief funding. This emergency funding will be used to serve children displaced by this summer's Gulf of Mexico hurricanes and to renovate facilities that were damaged by these hurricanes to the extent reimbursements from the FEMA and insurance companies to not fully cover such costs.



### REGION IV

- MISSISSIPPI
- GEORGIA
- FLORIDA
- NORTH CAROLINA

### REGION IV

- TENNESSEE
- KENTUCKY
- SOUTH CAROLINA
- ALABAMA

## MS Head Start Association Fall Conference State Awards - MAP, Inc.

- Father of the Year—Bobby Jones
- Fatherhood Program Award—MAP, Inc.
- Staff of the Year (Nominee) - Katrina D. Henderson
- Teacher of the Year (Nominee) - Barbara McGaha



## Central Zone MEDIA SERVICES-The On-Demand Media Consumer



Americans are changing the way they access media information. What used to be thought of as a data processing and chatting device, computer technology and the Internet is now mainstream. According to a recent study by the *Arbriton/Edison Media Research* organization, four in five Americans have Internet access, with nearly half of online households having broadband access. The results are that consumers are researching and accessing information, and making daily decisions about their lives more than before by on-line information.

As a result of this new **On-Demand Media Consumer**, the **Media Services Department** is

constantly working to maintain and improve upon the website. It is important that the website keep relevant and current information about the agency and it's activities. We encourage you to visit our website regularly and keep us informed of any updates. We are in the process of exploring putting video and audio files on our website that will show the agency's activities. Additionally, we are exploring other marketing strategies that will involve the creation of **Public Services Announcements/Commercials** that will be played on television and radio stations across the state. One such **PSA**,

*"Getting A Head Start,"* thirty-second announcement produced by Media Services is now being currently played on broadcast stations WLBT-TV, WJTV-TV, WAPT-TV and WOAD, WJMI, WKXI, radio. A continuing effort is being made to distribute the PSA to other stations across the state. This effort will be coordinated with the regional managers.

-George McQuitter  
Media Services Manager

## Program Services Easy Transition Workshops

Each month several teachers in **MAP's Region II (Warren, Claiborne, Franklin, Lincoln counties)** have the pleasure to attend transition workshops that enhance their teaching style, as well as assist the teachers in preparing their children for kindergarten.

The workshop consists of teachers from Head Start, local schools in the community as well as teachers from the **Jackson Public School (JPS)** district.

The presenters are public school teachers, discuss different teaching styles that they use in their classrooms and allow Head Start teachers to share what they are doing

thereby giving each teacher different ways to reach the children. These workshops are good learning activities and fun ways to reach the teachers of both entities.

-Tanya Strong

*Transition workshops enhance the teaching styles of the teachers and assist the teachers in preparing their children for kindergarten.*



## Program Services

### MAP Pyramid News

The **Food Guide Pyramid** is one way for people to understand how to eat healthy. A rainbow of colored, vertical stripes represents the five food groups plus fats and oils. Here's what the colors stand for:

- orange - grains
- green - vegetables
- red - fruits
- yellow - fats and oils
- blue - milk and dairy products
- purple - meat, beans, fish, and nuts

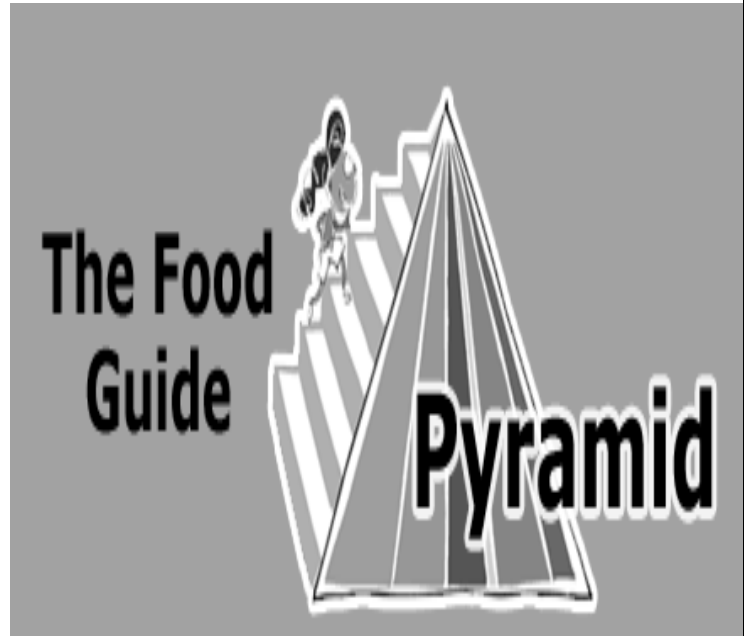
The **U.S. Department of Agriculture (USDA)** changed the pyramid in spring 2005 because they wanted to do a better job of telling Americans how to be healthy.

The agency later released a special version for kids. Notice the girl climbing the staircase up the side of the pyramid? That's a way of showing kids how important it is to exercise and be active every day. In other words, play a lot! The steps are also a way of saying that you can make changes little by little to be healthier. One step at a time, get it?

Here at MAP, we encourage healthy eating and physical fitness every day.

Therefore we can maintain a **"HEALTHY HEADSTART"**.

Sharron Paige,  
Nutrition Coordinator



## Frontline Leadership Institute

### MAP Center Administrators Participate in Frontline Leadership Institute

On January 24-25, 2006, Center Administrators from MAP's 21-County service area came to Jackson for the first **Frontline Leadership Institute** of the new year.

During the first day of this Institute, the Center Administrators covered the topic of Evaluation, including methods and approaches to conducting evaluations of MAP's staff, children and the Program. In addition to the traditional methods of evaluations, the Center Administrators took a hard look at MAP's **ChildPlus** data management system to

collectively come up with ways in which that data could be used in the overall evaluation process. This included taking a look at all 18 **PRISM** questions used in the MAP Self Assessment process and determining exactly which **ChildPlus** Reports would yield sufficient data to assist in the assessment and evaluation of a particular Head Start service area.

On the second day of the Institute, the Center Administrators joined with the **MAP Central and Regional office Self-Assessment teams** for orientation and logistical

planning in preparation for MAP's annual program-wide Self Assessment. Discussions on the use of **ChildPlus** data in this program-wide effort continued with presentations from the previous day's Institute. **Ms. Elizabeth Taylor, consultant**, continues to serve as **facilitator for the Institute**.

-Elizabeth Taylor  
Private Consultant  
Chrismar Concepts Int'l



Elizabeth Taylor and Center Administrators in Frontline Leadership Institute



## Early Head Start ZERO TO THREE

Clearly, movement is very important for helping children grow healthy and strong. However, as children explore and interact with the world through movement, they are also developing thinking and communications skills, as well as self-confidence.

Children feel competent both physically and emotionally when they use their bodies to communicate and solve problems. Children learn problem-solving skills as they try different actions—climbing up, over, in or through. Movement is also one of the earliest ways children express their thoughts and feelings.

Perhaps most important, through movement children can develop a closer bond with their parents. There are many fun ways you can encourage your youngsters to get moving.

- Follow their movements. Babies and toddlers love when you imitate them. It makes them feel important.

- Put your baby on his belly to help him develop coordination between upper and lower body and support muscle and meter development.
- Put on different types of music and move to the beat with your young child in your arms. Encourage your toddler to move to music on her own. Children this age often do not change their movements to match the music, they respond to their own internal rhythm.
- Describe your child's actions as she dances to the music. "Look how you bounce to the beat." This not only helps her learn new words, but also instills a sense of pride that her actions are noticed!
- Create an "obstacle course" that encourages your toddler to use a variety of skills. Have boxes set up for him to

crawl through, pillows to climb on and blocks to run around. Doing the course over and over helps your child learn to organize his actions to reach a goal.

- Songs like *The Itsy Bitsy Spider* can help develop the use of fingers and hands.
- In the sandbox, offer your child different size pails and shovels to help her practice using her fingers and hands.
- Play with balls of all sizes. Figure out together which ones are best to kick, throw, play catch with and roll on.
- Act out stories using movement and dance. Good themes include animal stories, marching bands and fantasy images such as fairies and superheroes.

*These suggestions come from the experts at ZERO TO THREE. You can learn more online at: [www.zerotothree.org](http://www.zerotothree.org).*

Clearly, movement is very important for helping children grow healthy and strong.



## Edward Zigler Research Scholarship Demond Spann

**Demond Spann**, MAP's **Human Resources Director** was the recipient of the *Edward Zigler Research Scholarship*. He was presented this award during the Mississippi Head Start Association's 2005 Fall Conference. The **National Head Start Association** created this award

two years ago and it is sponsored by the **Helen H. Taylor National Memorial Fund**. This award honors **Dr. Edward Zigler's** deep commitment to Head Start children and families. It is designed to encourage the scholarly development and profes-

sional preparation of future child development leaders. Designed to further Dr. Zigler's legacy, the award is granted to an individual who demonstrates a strong commitment to child development and the welfare of children and families.





# Hurricane Katrina

**Hurricane Katrina** made landfall on August 29, 2005 as a Category 3 hurricane with winds of 125mph. She made her way up the Louisiana coastline and severely damaged several parishes in Louisiana. Later she made landfall again along the Louisiana/Mississippi border with 120mph winds. This still kept her at a Category 3. Record storm surges smashed the entire Mississippi Gulf Coast. This included towns such as Pass Christian, Long Beach, Gulfport, Biloxi, Ocean Springs, Gautier and Pasca-goula. It also included the town of Bay St. Louis where our **Bay-Waveland Head Start Center** was located. The storm surge at Bay St. Louis/Waveland was at 34 feet. That means that 34 feet of water covered these towns at some point.

Katrina moved into Mississippi diagonally with high winds that caused damage that affected almost the entire state. She affected the central United States as she moved north and was last distinguishable in the eastern Great Lakes region on August 31, 2005. Before being absorbed by a frontal boundary, Katrina's last known position was over southeast Quebec and northern New Brunswick.

In preparation for the landfall of Katrina many residents of Florida, Alabama, Mississippi and Louisiana evacuated. According to an article in the *Seattle Times* on September 11, 2005, "*Not since the Dust Bowl of the 1930's or the end of the Civil War in the 1860's have so many Americans been on the move from a single event.*"

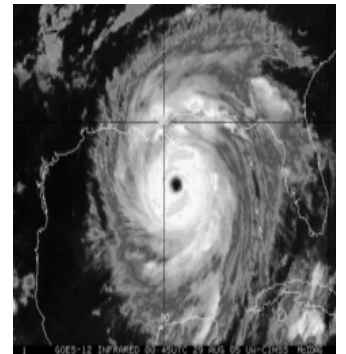
**MAP** responded to the concerns of our families that were affected by this devastating occurrence. **Fiscal Management** staff working with **Human Resources** and **Personnel** in assessing status of displaced staff and with the **Executive Management Team** in developing the **Hurricane Katrina Plan of Action**.

- In-Kind donation of supplies for parents w/infants and toddlers received in Lauderdale County (approximately \$5,000) from **Macon Program for Progress in Franklin, NC**.
- As a direct result of Katrina our Annual State Training Conference was cancelled. This was the first time this has happened since the inception of our annual conference.
- Food at our **Picayune Head Start Center** was used to provide meals for the hundreds of hurricane evacuees.

There was significant disruption in our program service delivery.

- Centers in Regions I and II were closed August 29-September 9, 2005.
- Centers in Region III and Winston County were closed September 8-9, 2005.
- Centers in Regions II, III and Winston County reopened on September 12, 2005.

All centers in Region I are now open after the devastation of Katrina. **Richton, Picayune** and **Poplarville**, were opened at their original sites and **Bay Waveland** is open at a temporary site.



Katrina as she entered the Gulf of Mexico.

## Special points of interest:

- Formed August 23, 2005
- Dissipated August 31, 2005
- Highest winds 175mph
- Damages of \$75 billion
- Costliest tropical cyclone of all time
- Fatalities of 1,417 (potentially more)
- \* Areas affected—Bahamas, South Florida, Cuba, Louisiana, Mississippi, Alabama, Florida Panhandle, and most of eastern North America

*"Not since the Dust Bowl of the 1930's or the end of the Civil War in the 1860's have so many Americans been on the move from a single event."*



# Parents' Corner

## !Auxilio, Mi Hijo No Me Presta Atención! Ideas Positivas para la Disciplina

“Por favor súbete al auto. !Vamos a estar tarde!” “Guarda esos juguetes.” “Ve a la cama y quédate ahí.” A veces parece que los niños sencillamente no prestan atención. Pero tenemos que recordar que los niños están intentando comprender el mundo alrededor. Ellos aprenden explorando, experimentando, y probando los límites de su medioambiente—y el de sus padres.

Todos aspiramos a ser padres maravillosos para nuestros obedientes y bien educados hijos. Pero la realidad de ser padre diariamente—el cansancio, la impaciencia, la actividad constante—puede llevarnos rápidamente al lugar donde nunca queremos ir, diciéndole cosas a nuestros hijos que deseamos que podríamos retractar, gritándoles enojados, moralizando, volviéndonos visiblemente frustrados o abrumados. Es normal y todo parte de ser padres. ¿Y como logramos que nuestros hijos nos presenten atención?

### ¿Qué es la disciplina?

En ve de equiparla con los casti-

gos, debemos ver la disciplina como un medio para enseñar a los niños a como actuar de una manera aceptable socialmente—a como reconocer sus emociones y controlar sus reacciones, y como entender la manera que el mundo funciona y su lugar en él. Cuando pensamos en la disciplina como un memento de enseñanza y no necesariamente como uno de castigo, estamos más aptos a ayudar a nuestros hijos a aprender y a triunfar.

¿Cómo se cambia el comportamiento “desagradable” por un comportamiento que enorgullecería a cualquier padre? Para comenzar, aquí están algunas ideas. Recuerde que el cambio requiere tiempo, paciencia, y constancia—los tres elementos esenciales de ser un padre eficaz.

Aquí está lo que podemos hacer para guiar a nuestros hijos con una mano dura pero cariñosa:

- Establezca límites y expectativas claras, realistas y adecuadas para la edad.
- Utilice las opciones, la redirección, y las consecuencias lógicas para reenfocar a sus hijos.
- Sea constante al disciplinar a sus hijos.
- Anime, apoye y elogie el autocontrol y los esfuerzos

de autocontrol.

- Recuerde que las mejor forma de enseñar es por ejemplo.



### Think About It...

Recuerde que las mejor forma de enseñar es por ejemplo.





## Parents' Corner

### Help, My Child Doesn't Listen! Positive Discipline Ideas

"Please get in the car. We're going to be late!" "Pick up those toys." "Go to bed and stay there." It sometimes seems as though children just don't listen. But we need to remember that children are trying to make sense of the world around them. They learn by exploring, experimenting, and testing the limits of their environment—and their parents.

We all aspire to be a wonderful parent to our compliant, well-mannered children. But the reality of everyday parenting—exhaustion, impatience, nonstop activity—can quickly send us to the parenting place we never wanted to go, saying things to our children we wish we could take back, lashing out in anger, moralize, becoming visibly frustrated or overwhelmed. It's normal and all part of being a parent. So what's a parent to do? And how do we get our children to listen?

#### What is Discipline?

Rather than equating discipline



with punishment, we should view discipline as a means of teaching children how to act in a socially acceptable way—how to acknowledge their emotions and control their reactions, and how to understand the way the world works and their place in it. When we think about discipline as a teachable moment and not necessarily a punishable one, we're more likely to help our children learn and succeed. How do you change the "not-so-nice" behavior into behaviors that would make any parent proud? Here are some ideas to get your started. Keep in mind that change requires time, patience, and consistency—the three essential elements of effective parenting.

Here's what we can do to guide children with a loving yet firm hand:

- Set clear, realistic, and age-appropriate limits and expectations.
- Use choices, redirection, and logical consequences to refocus our children.
- Be consistent in disciplining our children.
- Encourage, support, and praise self-control an ef-

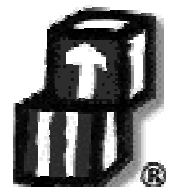
ports of self-control

- Realize that the greatest form of teaching is role modeling.



#### Think About It...

Realize that the greatest form of teaching is role modeling.





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**MAP -The Best In The Business!**



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To submit stories or other items of interest for publication consideration, you may forward them to:

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Jackson, MS 39209  
sbrown@mapheadstart.org

**Calendar of Events**

**MARCH 2006**

- 7 Last Day to Enroll Children (FD/PY)
- 11 Policy Council Meeting
- 13-17 Spring Break Week (all counties except Lincoln, Hancock & Pearl River)
- 13 President's Day Observed (All counties except Lincoln, Hancock & Pearl River)
- 16 Board of Directors' Meeting
- 21-23 Management Planning Meeting
- 27-31 Spring Break Week for Lincoln County (ONLY)
- 27 President's Day Observed (Lincoln County Only)

<b>EXECUTIVE MANAGEMENT TEAM</b>	
EXECUTIVE DIRECTOR	DR. BOBBY E. BROWN
FISCAL/ADMINISTRATIVE SUPPORT SERVICES DIRECTOR	DR. DOROTHY S. FOSTER
PROGRAM SERVICES DIRECTOR	DR. DOT HEARON
RESEARCH DEVELOPMENT DIRECTOR	DR. PEGGY S. JOHNSON
HUMAN RESOURCES DIRECTOR	MR. DEMOND SPANN
EARLY HEAD START DIRECTOR	DR. ANNIE H. LEWIS
TECHNICAL SUPPORT DIRECTOR	MR. GEORGE BARTLEY

**Editor's Zone**

I know we've all heard the old adage, "Sticks and stones may break my bones, but words will never hurt me." In my opinion, that's not always true. The way we communicate with our peers and people we love can have a profound affect on them. I came across the following one day while surfing the web. Take a look at it and take it to heart.

Before you speak, ask yourself, will what I say cause damage to a relationship with people important to me? Which is more important to me; to say what I want to say, or to continue a positive relationship?

Before you speak, ask yourself, will what I'm going to say be considered a criticism? If so, shouldn't I wait until a more suitable time and place? Shouldn't I say it in private?

Before you speak, ask yourself, will what I plan to say bring sunshine to a dim place? Or will it bring darkness? Will it open a window of opportunity for someone or some idea? Or will it close a door in someone's face? Will it create or kill?

Communication has consequences. You may say, "I take it back." But you really cannot, It's better that you don't 'give it' in the first place. It's better that you think before you speak.

**APRIL 2006**

- 2 Daylight Savings Time Begins
- 4 Last Day to Enroll Children (FD/FY & EHS)
- 8 Policy Council Meeting
- 9 Palm Sunday
- 10-14 Spring Break Week for Hancock & Pearl River Counties ONLY
- 10 President's Day Observed (Hancock & Pearl River counties ONLY)
- 14 Good Friday (Agency Closed)
- 20 Board of Directors' Meeting
- 26 Administrative Professionals' Day

